

Mandag / Monday - UDVALGT TRAINING TCO - PLUS KTK				
Bill		David		Fitness and Conditioning
Bane 5 <u>16.00-17.30</u>	Bane 6 <u>16.00-17.30</u>	Bane 7 <u>16:00 - 17:30</u> Futures Group C Boys	Bane 8	16:00 Warm Up on Court 13 for Future, Group B and Group C Boys (posted warm up)
Bane 5-8 <u>17.30-19.30</u> TCO - KTK Competitive Training Group A1	Bane 5-8 <u>17.30-19.30</u> TCO - KTK Competitive Training Group A	Bane 5-8 <u>17:30 - 19:30</u> TCO - KTK Competitive Training Group A	Bane 5-8 <u>17.30-19.30</u> TCO -KTK Competitive Training Group A	
Bane 5 <u>19.30 -21:00</u> Fitness and then Senior Training / Coach Education	Bane 6 <u>19.30-21:00</u> Open Court for Seniors	Bane 7 <u>19.30-21:00</u> Open Court for Seniors	Bane 8 <u>19:30 - 21:00</u> Open Court for Seniors	Fitness and Conditioning 19:30 - Meet on Court 13

Tirsdag / Tuesday UDVALGT Training TCO			
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Onsdag/Wednesday UDVALGT Training TCO				
Bill	David	Mikkel	Georg	Fitness and Conditioning
Bane 9 <u>16.00-17:00</u> Coach Education or Group TBD	Bane 10 <u>16.00-17.30</u> , Christoffer Holmer	Bane 11 <u>16.00-17.30</u> Group C	Bane 12 <u>16.00-17.00</u> Open Training Court for Junior Match Play	
Bane 9 <u>17:00 - 19:00</u> Group A1	Bane 10 - 12 <u>17:30 - 19:00</u> Group A	Bane 10 - 12 <u>17:30 - 19:00</u> Futures Group B	Bane 10 - 12 <u>17.00-19.00</u> Group A	Court 13 Mikkel to warm up all players beginning at 17:30 (meet on fitness court)
Bane 9 -12 <u>19.00-21.00</u> Mads, Alex, Christian, Mikkel, Trevor	Bane 9 - 12 <u>19.00-21.00</u> Rasmus, Haris, David,	Bane 9 - 12 <u>19:00 - 21:00</u> Per, Lasse Johnny	Bane 9 - 12 <u>19:00 - 21:00</u> Team Training	

Torsdag / Thursday UDVALGT Training TCO				
Georg	Bill	David	Mikkel	Fitness and Conditioning
	Bane 1-3 <u>08:00 - 10:00</u> Competitive Group Futures	Bane 1-3 <u>08:00 - 10:00</u> Competitive Group Futures		
Bane 5 <u>16:00-17:30</u> Christoffer Holmer	Bane 6 <u>16:00 - 17:30</u> Open Training / Group TBD	Bane 7 <u>16:00-17:30</u> Group D	Bane 8 <u>16:00 - 17:30</u> Group C	
Bane 5 <u>17:30 - 19:00</u> Group A - ALL Players	Bane 6 <u>17:30 - 19:00</u> Group TBD or Coach Education with Bane 7 and 8	Bane 7 <u>17:30 -19:00</u> Futures	Bane 8 <u>17:30 - 19:00</u> Group B	
Bane 5-8 <u>19:00 - 21:00</u> Rasmus, David, Sebastian, Christian W., Fleming, Fredrik, Haris, Trevor	Bane 5-8 <u>19:00 - 21:00</u> Rasmus, David, Sebastian, Christian W. Fleming, Fredrik, Haris, Daniela, Trevor	Bane 5-8 <u>19:00 - 21:00</u> Rasmus, David, Sebastian, Christian W., Fleming, Fredrik, Haris, Alex, Trevor	Bane 5-8 <u>19:00 - 21:00</u> Rasmus, David, Sebastian, Christian W., Fleming, Fredrik, Haris, Trevor	

